



EMPLOYEE ASSISTANCE PROGRAM (EAP) Additional Resources

In addition to free counseling benefits, you also have other resources that you may find helpful. These resources are purchased by your employer and are completely confidential. If you would like to learn more, **please call 888.371.1125** or visit us online at www.CignaBehavioral.com and log in using your company's **employer ID: sagchip**

BENEFIT	DESCRIPTION
Childcare Information	When it comes to child care, parents can face many challenges on any given day. From finding the right child care center to nanny, and everything in between, we'll connect you to the right solution for your family, and even introduce you to options that you may not have considered.
Senior Care Information	Making the right decisions when it comes to managing important senior citizen care issues that arise in your family can be difficult. That's why we provide the information you need along with a support system to help guide you through the process.
Pet Care Information	Your pet is part of your family, so we understand the importance of finding solutions to any number of needs. From vets to dog walkers, our pet care services will help connect you with the right resources to ensure that your furry friends are well taken care of.
Education Information	We understand the importance of your child's education, that's why we offer a full suite of education services for parents. From kindergarten to public schools to special programs and college preparation, we'll get the information you need to make the best decisions for your children.
Financial Services	When it comes to finances, most of us need a little help now and then. If you'd like to talk with one of our qualified financial services specialists, we'll provide you with a free 30-minute consultation. In addition, you can get 25% off on tax preparation when you take advantage of this service.
Online Resources	Variety of online resources available when visiting CignaBehavioral.com.
Healthy Rewards*	Program includes discounts on a variety of healthy options. Visit CignaBehavioral.com and click on Login to access your benefits to explore Healthy Rewards available to you. Examples of services include Chiropractic Care, Massage, Fitness, Vision & Hearing Care, Weight Management, Stress, Tobacco Cessation, Vitamins and Nutrition.
Legal Services	Some of life's events call for expert advice. When you need legal assistance, contact us. We'll provide you with a free 30-minute consultation – plus get up to a 25% discount on usual fees.
ID Theft Consultation	If you think you might be a victim of identity theft, talk to one of our fraud resolution specialists. To start, we'll provide you with a 60-minute free consultation and make sure you have all the resources you need to protect yourself.